
Your Name

Doc Carter

Recipe Name

Turkey Burgers

Category (select one)

Poultry

List of Ingredients and Quantity

1 pound ground turkey breast
Egg substitute equal to 1 egg, or 1 egg
1/4 cup dry bread crumbs
1 teaspoon steak sauce
1 teaspoon spicy brown mustard
1/4 teaspoon dried thyme
1/4 teaspoon pepper
4 hamburger buns, split
Lettuce leaves and tomato slices, as desired



Instructions

In a bowl, combine the first 7 ingredients.
Shape into four burgers (for easier shaping, use cold wet hands or disposable plastic gloves).
Pan-fry, grill or broil until no longer pink.
Serve on buns with lettuce and tomatoes.
Serves 4.

Comments or Tips

Add cheese slice if desired. Also a strip of cooked turkey bacon adds more flavor. Top with onion slice and other desired condiments.
